

Strategies for Supporting School Readiness for Children and Families from Vulnerable Populations

It is critical to have successful strategies and resources to support children and families from vulnerable populations to ensure school readiness which contribute to more positive outcomes for the child and family. Statistics show that the children in early childhood who are from low-income families experience and/or are exposed to increased rates of domestic violence; child neglect and maltreatment; homelessness; mental health disorders; substance abuse; and many other situations that can impact their learning environment. Being aware of current research and strategies increases the likelihood of implementation of interventions that are targeted and successful in promoting school readiness for the child and the family.

What are three take aways that will guide your work with children and families from vulnerable populations for supporting school readiness?

Additional Resources:

Arvidson, J., Kinniburgh, K., Howard, K., Spinazzola, J., Strothers, H., Evans, M., Andres, B., ...Blaustein, M.E. (2011). Treatment of complex trauma in young children: Developmental and cultural considerations in application of the ARC intervention model. *Journal of Child and Adolescent Trauma*, 4. doi: 10.1080/19361521.2011.545046

Gerwitz, A. H., & Edelson, J. L. (2007). Young children's exposure to intimate partner violence: Towards a developmental and risk and resilience framework for research and intervention. *Journal of Family Violence*, 22, 151-163.

Koplow, L. (Eds.). (2007). *Unsmiling faces*. New York: Teachers College Press.

Perry, B. (2009). Examining child maltreatment through a neurodevelopmental lens: Clinical applications of the neurosequential model of therapeutics. *Journal of Loss and Trauma*, 14. doi: 10.1080/15325020903004350

Stop Child Abuse Now of Northern Virginia Parent Resource Center.
http://www.scanva.org/parent_resource_center.htm

Facilitators:

Cynthia Alban-Christiansen, FCPS Early Childhood Specialist (csalbanchris@fcps.edu)
Stacy Ramsey, FCPS Early Childhood Specialist (slramsey@fcps.edu)